

MEETINGS/DEMONSTRATIONS: 1ST THURSDAY of the month from February to November, 9.30 am for 10 am until 3.00 pm at the Cooranbong Community Services Centre, 614 Freemans Drive, Cooranbong

MEMBERS: Demonstration \$5, with workshop \$10 - Total \$15

VISITORS: Demonstration \$10, with workshop \$15 - Total \$25

MORNING TEA / COFFEE IS SUPPLIED



Website: [art lovers movement](http://artloversmovement.com.au)

 Facebook: [ART Lovers Movement INC](https://www.facebook.com/ArtLoversMovementInc)

NEWSLETTER

MARCH 2023 No.255

FROM THE EDITOR'S DESK . . .

Hello Art Lovers,

Thank you to our February Demonstrator, **Trena Lowe** (I didn't see her as I was discovering the S.A. Coast). Unfortunately, our April Demonstrator and ALM Member, Annie Palmer is laid up and had to cancel - we wish Annie a full recovery soon. Lynne has booked **Susan Eve**, an artist in mixed media who will be demonstrating soft pastels at our meeting on Thursday, 6 April - see details on pages 3/4.

Cheers,

Nikki Craig

ALM Newsletter Editor

0402 445 754

artcooranbong@gmail.com

ATTENTION - mobile phones

Please be considerate and either turn off your phones or put them onto silent mode during the meeting and demonstration unless you have an important reason not to. Also remember to bring lunch if you are attending the workshop.

All members are encouraged to bring their artwork for the Demonstrator to give a positive and helpful critique of your work. Other members love to see the work of



**FREE
WEEKLY DELIVERIES**



Helene Ruma
gallery & art supplies



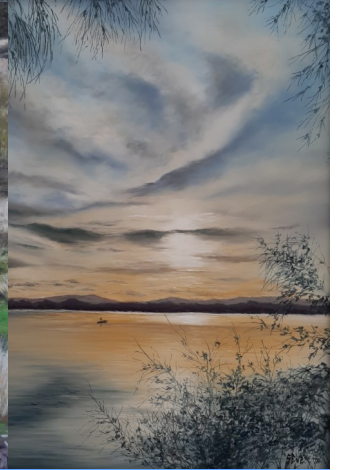
**Shop A, 236 Watkins Rd
Wangi Wangi**
0433 744 761
WED & FRI 10AM-5PM
THUR & SAT 10AM-2PM

SUBMISSIONS FOR NEWSLETTER BY 12TH OF THE MONTH

MARCH DEMONSTRATION / WORKSHOP - Trena Lowe

Trena is an expert in making cyanotype photographs from plants found in the garden etc. It's a pity that not many members attended her workshop but it's not everyone's 'cup of tea'. Those who stayed for her workshop had lots of fun and gave wonderful comments.

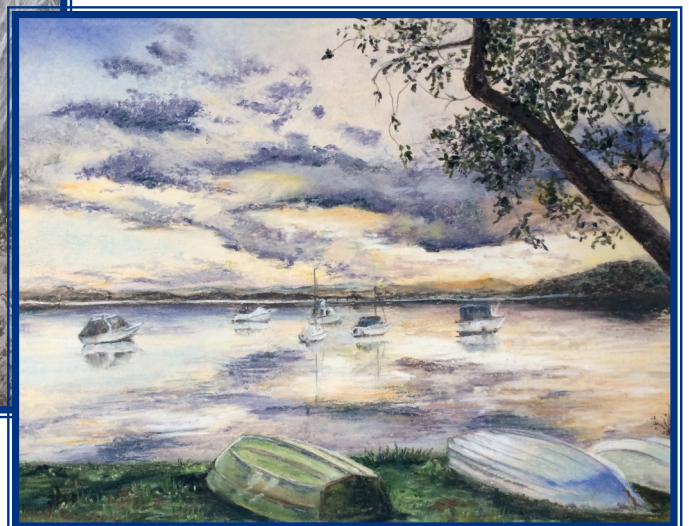




Susan Eve

Artist | Soft Pastels

Susan is a local artist living and working in beautiful Lake Macquarie which, along with the Hunter Valley, provides most of her inspiration. Working mainly in soft pastels, ink, pen and pencils, her art depicts a love of nature and its calming influence. She has been teaching pastels at Tinkat Alley Art Studio for several years and her work can usually be seen in Tinkat Alley's cottage gallery. Susan has been a regular exhibitor with Newcastle & Lake Macquarie Art Society since joining in 2011 as well as exhibiting in a number of galleries and other venues throughout Lake Macquarie, the Hunter Valley and NSW Central Coast. She was thrilled to be a finalist in the inaugural Lake Art Prize at Lake Macquarie Museum of Art & Culture in 2020 and is a regular participant in the Lake Mac Open Studios weekend twice a year.



SUSAN EVE - WORKSHOP "Drifting By" THURSDAY 6 APRIL

MATERIALS LIST FOR YOUR WORKSHOP

These colours are an indication of what Susan will be using. Feel free to bring whatever you have in similar colours. She will be using dark grey (anthracite) pastel mat, but other paper is fine if you prefer.

- ¼ sheet dark grey pastel paper
- Painters or masking tape & a backing board
- Table or freestanding easel if you have one
- Kneadable eraser
- Pastel or 2B pencil
- Paper stumps/torshons – small & medium
- Ruler
- Damp tea towel or hand wipes
- Table cloth

Assortment of Pastels

2 x cool blues - e.g.: AS Blue Grey P527, AS Tasman Blue T523

2 x warm blues - e.g.: a mid turquoise or aqua, AS Phthalo Blue XSP530

4 x very darks – e.g.: Unison Dk 17 (purplish blue), Unison Dk 16 (cool blue), AS Cool Grey N582, AS Green Grey N574

3 x lights – e.g.: white, AS Warm Grey X584, AS Cool Grey XSP582

1 x warm yellow – e.g.: AS Golden Yellow V509

1 x cool yellow – e.g.: AS Lemon Yellow T502

1 x light earth – e.g.: AS Burnt Umber V552

A few warm & cool greens – e.g.: AS Leaf Green Light V580, Hookers Green, Rembrandt Olive 620.3 + 620.

Seve Art Creations : <https://seveartcreations.weebly.com/>

Visit Adamstown Newsagents for materials.

ALM MEMBER, JOAN GIBBS

HIPPOCAMPUS



Although the world of watercolour painting is more familiar to Joan, who worked as a maternal and child health nurse for more than three decades, she concedes the creative song writing experience was rewarding and fitted well with her mission to stay mentally active as she gets older.

"It's been a great exercise to expand and stretch the mind, which is important," she says.

"But important too is keeping your body active, because that helps to have a clearer mind. It's the big picture, where you need to keep your body healthy, your mind active, have good social connections, a healthy diet - all of that comes into play."



▲ Joan Gibbs of Cooranbong participated in a 10-week group song writing project.



The University of Newcastle, Australia

256,801 Page likes



Well done Joan, you'll have to tell us all about it. I for one, and I'm sure there are many others, are desperate for a clearer mind!

Something different to do!



A Food, Art, Music & Wine Walk *Saturday, 22 April, 2023*

4 GALLERIES | 4 EXHIBITIONS | 1 NIGHT <https://www.westwalk.com.au/> \$91.31

We are thrilled to present to you, Newcastle West's first ever art walk, WEST WALK! A collaboration between Newcastle West's leading contemporary independent art galleries. Along with an amazing curated degustation and local beverages. Enjoy an evening of Live Music and incredible art at each stop.

Each season the walk will take place for an entertaining journey through the West from 4pm till 8pm. **Meet at 8 Union St 8 Union Street Newcastle West, NSW 2302**

Check out [what's on](#) to see what will be exhibiting at each gallery! [Contact us](#) if you have any further queries or need to request assistance to enjoy the trail.

Click on [Adamstown Art](#)



Click on [Seniors](#)



Click on [Eckersley's](#)

Acrylic Art Classes

TUESDAY 9.30AM - 12.00PM
WEDNESDAY 6.30PM - 9.00PM
STUDIO AT BOLTON POINT
\$25.00 PER CLASS

**SPECIALISING IN
FLOWERS AND
NATIVES**

CONTACT KATHRYN DEBOER
PH: 0475596016
KATHRYNDEB@GMAIL.COM



WHAT'S ON



Always something to do in the Wetlands, click on [hunterwetlands](https://hunterwetlands.org.au) to find out.



ARTIST DEBRA SPENCE

EXHIBITION OPEN FROM 25 MARCH
TILL 20 APRIL 9.00 AM TO 4.00 PM



PARENTS & GRANDPARENTS:

APRIL SCHOOL HOLIDAY FUN
FROM 10 TO 21 APRIL

PLUS
WEDNESDAY 12 APRIL DROP IN BETWEEN
10AM AND 12NOON FOR FROGGIE CRAFT +
A REPTILE ENCOUNTER AT 11 AM

MUSEUM OF ART AND CULTURE LAKE MACQUARIE (MAC)

YOUNG ARCHIE LAKE MACQUARIE - 23 March to 21 May Runs alongside ...

THE ARCHIBALD PRIZE 2022 - 8 April to 21 May - book tickets on website

JUDY WATSON AND HELEN JOHNSON: THE RED THREAD OF HISTORY, LOOSE ENDS - 27 May to 23 July

SOUTH LAKES ARTS AND CULTURAL SOCIETY SLACS

Check out their Facebook page [SOUTH LAKES ARTS AND CULTURAL SOCIETY SLACS](https://www.facebook.com/southlakesartsandculturalsociety) to find out about their workshops.



The studio at Morisset Showground is open on Mondays during term time for members and casuals to get together. **The term will finish at the Easter break then start again in the new term.**

The annual joining fee is \$25 (includes exhibiting fee) then \$10 for each Monday attended, \$14 for casuals.

Please contact Catherine Rowe - 0415 345 169 - for details.

ART PRIZES / EXHIBITIONS

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art prizes

A GUIDE FOR ARTISTS



**This can be bought through Amazon
Prime in paperback \$52.80 or Kindle
\$11.99**

Or Click on [Art Prizes](#)



**The 41st Annual Great Lakes Art Society
Open Art Exhibition**
April 1–23, 2023

FORSTER GALLERY
34 Lake St, Forster
www.forstergallery.org



Central Coast Watercolour Society Inc.

Easter Exhibition

5th - 19th April 2023

The Community Gallery
Gosford Regional Art Gallery
36 Webb St. East Gosford
Open daily 9.30am-4.00pm (closed Good Friday)

Official opening 6.00pm 6th April



Raffle prize 'Maggie Pair' by Susie Linigen

The beautiful translucency of watercolour will be on display and for sale, in this exhibition that showcases the talent of the Central Coast Watercolour Society members. Local award-winning artist Susie Linigen is our featured artist, she has generously donated the raffle prize "Maggie Pair". Working solely in watercolour, Susie's art shows her love of the light in watercolour, with translucent blending colours. She regularly exhibits both locally on the Central Coast and throughout New South Wales.



Info contact:
Auria 0421217765

FREE
Try your Hand
8th & 9th April
1.00 - 4.00pm
Studio 2

ALM DEMONSTRATIONS & WORKSHOPS 2023



**FEBRUARY
2023
Cheryl Bruce
Watercolour**



**MARCH 2023
Trena Lowe
Mixed Media**



**APRIL 2023
Pen Shephard
Oils/Miniatures**



**APRIL 2023
Susan Eve
Soft Pastels**



**MAY 2023
Sue Vesely
Drawing**



**JUNE 2023
Tony White
Watercolour**



**JULY 2023
Jill Campbell
Mixed Media**

**JULY 2023
DECEMBER X'mas workshop
Annie Palmer
Mixed Media**



**AUGUST 2023
Jan Cristaudo
Oil & Acrylics - Abstract**



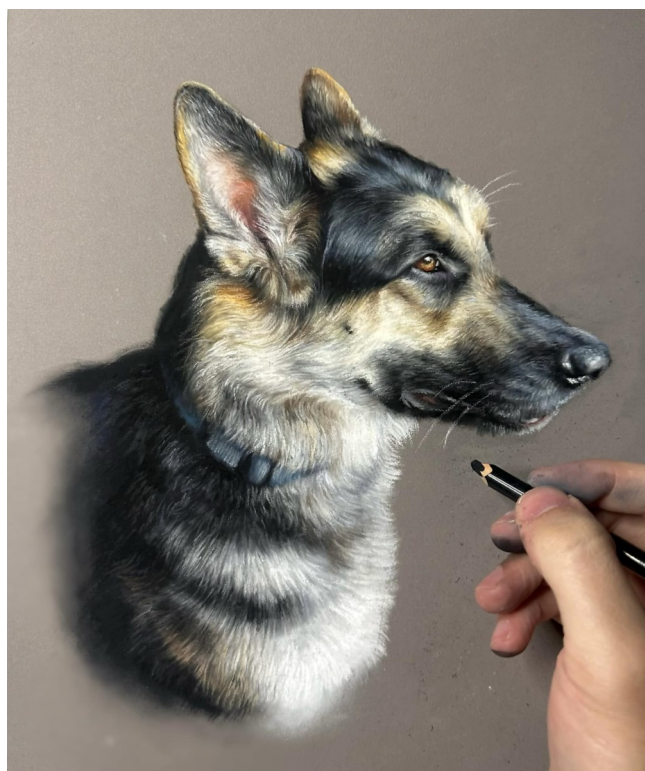
*Demonstrations/Workshops are subject to change
ALM Demonstrations & Workshops are held on the first Thursday of the month from
February to November at the Cooranbong Community Services Centre*

ALM 2022/2023 Committee Members

President	Lynne Lucas	0423 674 523	lynne_1956@bigpond.com
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Treasurer	Heather Ulanas	0416 621 598	heather.ulanas@gmail.com
Ass/ Treasurer	Denise Lombard	02 4977 1487 0488 771 487	dennyjohann@yahoo.com.au
Membership/ Sec	Denise Lombard	A/B	A/B
Art Director	Lynne Lucas	0423 674 523	A/B
Ass/ Art Director	Wendy Schoffl	0429 826 295	ewschoffl7@bigpond.com
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	Hayley McLachlan	0414 753043	hailsvdm@gmail.com

COLOUR PENCIL STARS

FACEBOOK PAGE - Coloured Pencil & Pastel Animal Artists Techniques, Help, Support & Share



Hanna Asfour

My latest commission of a
German Shepherd Dog 9x12"
pastel pencils on pastelmat

Reference from the owner